



BV Memorial 5K + 1 Race

Benefiting the Ronald McDonald House Charities® of Arkansas

This event will be held in Memory of Brian Valley who we lost over 7 years ago. We had spent many nights at the Ronald McDonald House when he was young and fell in love with the organization and what it does.

We have always given our time and efforts to the house.

Now we want to try and get other individuals involved by putting this event together.

This will be a run/walk for ages 5 through 105 and will begin/end at the Jacksonville Little Rock Air Force Base University Center at 8 AM on April 23, 2016. The distance will be 4.1 miles on a relatively flat course. We are looking for serious and fun loving participants. We know the 4.1 miles is a little different but our son Brian was always a little different and he would want it that way.

We are also asking that everyone goes the extra mile for the Ronald McDonald House Charities® of Arkansas.

Any questions concerning this upcoming race can be directed to Stan or Linda Valley at bvmemorial141@gmail.com or through bvmemorial.com.

Please join us in helping the Ronald McDonald House Charities® of Arkansas.

You can register for the race at www.bvmemorial.com or mail in your registration below

Mail-in Registration Form

Today's Date _____

Walker _____ Runner _____

First _____ MI _____ Last _____

Sex **M** _____ **F** _____ Birth Date _____

Address _____ City _____

State _____ Zip _____ Age on Race Day _____ E-mail Address _____

T-shirt size **Adult** **2XL** **XL** **LG** **Med** **Small** **Youth LG**

Race fees 5-17 year olds **\$15** 18 and up **\$25**

I am enclosing \$ _____ Home Telephone (____) _____ - _____ Work Telephone (____) _____ - _____

Emergency Contact Name _____ Emergency Phone Number (____) _____ - _____

Make check out to BV Memorial Foundation, Inc.

Mail check to BV Memorial Foundation, 5805 Base Meadows Dr., Jacksonville, AR. 72076

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained to complete the event. I agree to abide by any decision of a race official relative to my ability to safely complete this run/walk within the designated time limit. I assume all risks associated with running or walking in this race, including, but not limited to falls, contact with other participants, runners, bikers, horses and other animals, the effects of weather, including heat or cold and precipitation, traffic, and the conditions of the trails and roads, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone for whom I am entitled to act, waive, release, and will hold harmless the race organizer of BV Memorial 5K +1, BV Memorial Foundation, Inc., Arkansasrunner.com and all other sponsors and property owners, and all the agents, employees, officers, directors and volunteers working for those entities from all claims and liabilities of any kind arising out of or related to my participation in this race

Signature of participant or Guardian if under 18 _____